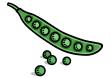
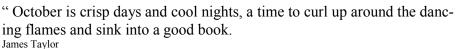
October 2015 Peas and Carrots



Provided by the Indiana FSSA's Division of Aging





October Special Days (Who Knew?)

October 5th: World Teachers Day - Teachers are an investment for the furthering of countries. What today's children will face in adult life can not be predicted, and so the teachers of today and tomorrow need the skills, knowledge, and support that will enable them to meet the diverse learning needs of every girl and boy.

October 12th: Columbus Day - Columbus Day is the celebration of Christopher Columbus's landing in America in 1492. In the U.S. it is observed on the 2nd Monday in October.

October 17th: Sweetest Day - Sweetest Day is a holiday celebrated in the Midwestern United States, and parts of the Northeastern United States on the third Saturday in October. Sweetest Day has also been referred to as a "concocted promotion" created by the candy industry solely to increase sales of sweets. It is also a day to bestow romantic deeds or expressions.

October 31st: Halloween - Typical festive Halloween activities include trick-or-treating, attending costume parties, decorating, carving pumpkins into Jack-o'-lanterns, lighting bonfires, apple bobbing, visiting haunted attractions, playing pranks, and telling scary stories .

OKTOBERFEST

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APPLE CIDER
CANDY CORN
HALLOWEEN
SAUERBRATEN
TEACHER
BEEF GOULASH
KETTLE CORN
BLANKET
COLUMBUS DAY
OKTOBERFEST
STUDENT
SWEETEST DAY

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Contact the Division of Aging at 1-888-673-0002, or visit us online: www.in.gov/fssa/2329.htm



Breast Cancer Awareness Month, also referred to in America as National Breast Cancer Awareness Month, is an annual international health campaign organized by major breast cancer charities every October to increase awareness of the disease and to raise funds for research into its cause, prevention, diagnosis, treatment, and cure. The campaign also offers information and support to those affected by breast cancer.

